



## WELCOME TO MASSAGE NEW ZEALAND

Thank you for your interest in Massage New Zealand. We welcome all Massage Therapists and all individuals or groups with an interest in Massage Therapy

MASSAGE NEW ZEALAND (MNZ) is a self-regulated association established as a result of a merger between the Massage Institute of New Zealand Inc (MINZI) and the Therapeutic Massage Association (New Zealand) (TMANZ). Massage New Zealand Incorporated was registered under the Incorporated Societies Act 1908 as an incorporated society on 19 September 2006.

The massage industry in New Zealand is not regulated by Government and Massage therapists are not legally required to become members of MNZ. However, as MNZ is the only professional body in New Zealand expressly for Massage Therapists, status and credibility can be gained by joining our organisation.

## THE OBJECTIVES OF MNZ ARE TO...

- organise and promote the profession of massage therapy.
- encourage high standards of knowledge and competency amongst members.
- encourage the dissemination of research in massage therapy.
- provide Code of Conduct and standards of practice and seek to ensure that the conduct of the profession is regulated by the members.

- seek to ensure a register is kept of members and a disciplinary mechanism is established and maintained by the profession.
- seek to ensure the quality and delivery of massage training in New Zealand.
- provide ongoing training and mentoring to members.
- publish journals and other publications.
- cooperate and become members of, or affiliate with any other incorporated or unincorporated organisation, company, educational institution, regulatory board, or any organisation, which in any way promotes the objectives of MNZ.
- foster, support and protect the interests of the members of MNZ.
- make arrangements with any trade, business or profession for the provision to the members of any special benefits, privileges and advantages and in particular to goods and services.
- lobby Governments and regulators in pursuit of the objectives.
- improve the social and economic position of members.

## BENEFITS OF BECOMING A MEMBER

- Credibility to the public
- Discounted advertising in magazine, website and by email
- Quarterly magazine/newsletter and access to other massage publications
- Australian Association of Massage Therapists (AAMT) quarterly magazine: Annual subscription: \$60.00; Pro-rata: \$15.00 per magazine 4x per year
- Eligibility to apply to become a massage provider to the NZ Academy of Sport (RMTs only)
- Website listing (RMT/CMT only) and members' only on-line forum

- Networking, peer support
- Motivation to continue your massage education
- Annual Conference
- Optional, discounted professional indemnity insurance
- RMTs listed on the MNZ website under Find a Therapist may be reimbursed by Southern Cross for up to \$400.00 worth of massage deemed medically necessary for persons who have a Southern Cross "Body Care" optional module included in their policy
- Students graduating during the year may upgrade their membership to a higher level at no extra cost until the following renewal date.
- An opportunity to give service

## TO JOIN MNZ CONTACT:

The Administrative Secretary  
Massage New Zealand Inc  
PO Box 4131  
HAMILTON EAST 3247  
New Zealand

Ph: (07) 834 8800 ext 8048 Mon-Wed  
Email: [admin@massagenewzealand.org.nz](mailto:admin@massagenewzealand.org.nz)  
Web: [www.massagenewzealand.org.nz](http://www.massagenewzealand.org.nz)

## OR:

Download a Membership Application Form from the MNZ website. Complete and return it with the required documentation and administration fee to the address above.

- A non-refundable administration fee of \$40 is charged for RMTs, CMTs and Associates. Students and Affiliates are exempt.
- Students and Affiliates should include their annual membership fees with their applications.
- RMTs, CMTs and Associates will be invoiced for annual membership fees after applications have been approved.

## MEMBERSHIP FEES

The full membership fee (incl GST) is payable for members joining during the first quarter of the year. Quarterly pro-rata rates are payable thereafter to bring fee payment into line with the annual renewal date. Membership is renewed each year from 1 April. Renewal forms are sent out during March.

### 1st quarter to 30 June : Full Fee

RMT/CMT \$195; Assoc \$95; Stud/Affiliate \$50.00

### 2nd quarter to 30 September : Pro-rata

RMT/CMT \$150; Assoc \$75; Stud/Affiliate \$37.50

### 3rd quarter to 31 December : Pro-rata

RMT/CMT \$100; Assoc \$50; Stud/Affiliate \$25.00

### 4th quarter to 31 March : Pro-rata

RMT/CMT \$50; Assoc \$25; Stud/Affiliate \$12.50

## MEMBERSHIP LEVELS

### Life Member

- In the opinion of the association you have made an exceptional contribution to MNZ.
- Awarded

### Remedial Massage Therapist (RMT) : \$195.00

- Must have an approved Degree or an NZQA Diploma in Therapeutic Massage or equivalent.
- Can use logo
- Has voting rights
- Must enclose copies of Massage Diploma and current First Aid Certificate with application.

### Certified Massage Therapist (CMT) : \$195.00

- Must have an NZQA Certificate in Therapeutic or Relaxation Massage or equivalent.
- Can use logo
- Has voting rights.
- Must enclose copies of Massage Certificate and current First Aid Certificate with application.

### Associate : \$95.00

- For massage therapists who have training and experience in massage.
- Cannot use logo
- No voting rights.
- Must enclose letter of recommendation from other massage therapist or health professional and a copy of current First Aid Certificate including CPR.

### Student: \$50.00

- For current massage students
- Proof of student status required eg college stamp and signature.
- No administration fee required to be paid on initial application

### Affiliate: \$50.00

- Anyone who would like to receive the MNZ magazine (eg universities, colleges, polytechnics, other associations and other health practitioners, members of the public).
- No administration fee required to be paid on initial application

## OVERSEAS TRAINED RMTS, CMTS, ASSOCIATES

- If trained overseas or holding a qualification that does not meet industry standards, must also provide a transcript of course content and hours from Institute where training took place

## ONGOING PROFESSIONAL TRAINING

After joining, ongoing professional training is required to maintain your membership:

- RMT: 80 points over two years
- CMT and Associate: 40 points over two years

## CODE OF ETHICS

We ask all members to abide by our Code of Ethics, available on our website:

[www.massagenewzealand.org.nz](http://www.massagenewzealand.org.nz)



**The only Professional Body  
in New Zealand just for  
Massage Therapists**

**About us ...**