



## RELAXATION CD – WALKING THE INNER SPACES.

Piano Music for Healing and Quiet Reflection.

“Walking the Inner Spaces”, a CD created and performed by Lesley Bongiovanni (who is both a Massage Therapist and Music Teacher), is designed to take the listener into a deep state of relaxation.

After reading the results of Diane Egby Edwards’ research into sound, especially Sound Healing, Lesley was inspired to reach into the Sounds of her own Inner Being.

This journey of exploration resulted in 10 tracks of gentle, flowing piano music which were created in a meditative space just as it occurred in a moment of time. Nothing was written down, nothing was added and nothing taken away.

It is perfect for use in massage or healing clinics, as a meditation tool or just to create a calm, relaxed atmosphere in your home.

To order this CD, please email [lesleybongiovanni@xtra.co.nz](mailto:lesleybongiovanni@xtra.co.nz) or visit her website [www.natpages.co.nz/therapist/3043](http://www.natpages.co.nz/therapist/3043)